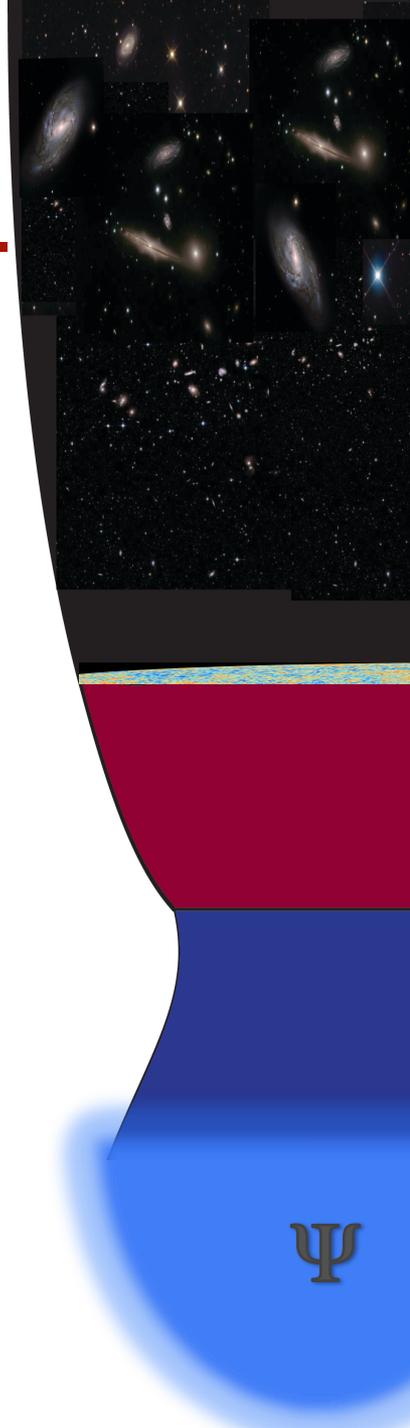

Implications of the No-Boundary Proposal for Ekpyrotic and Cyclic Cosmologies

Jean-Luc Lehners

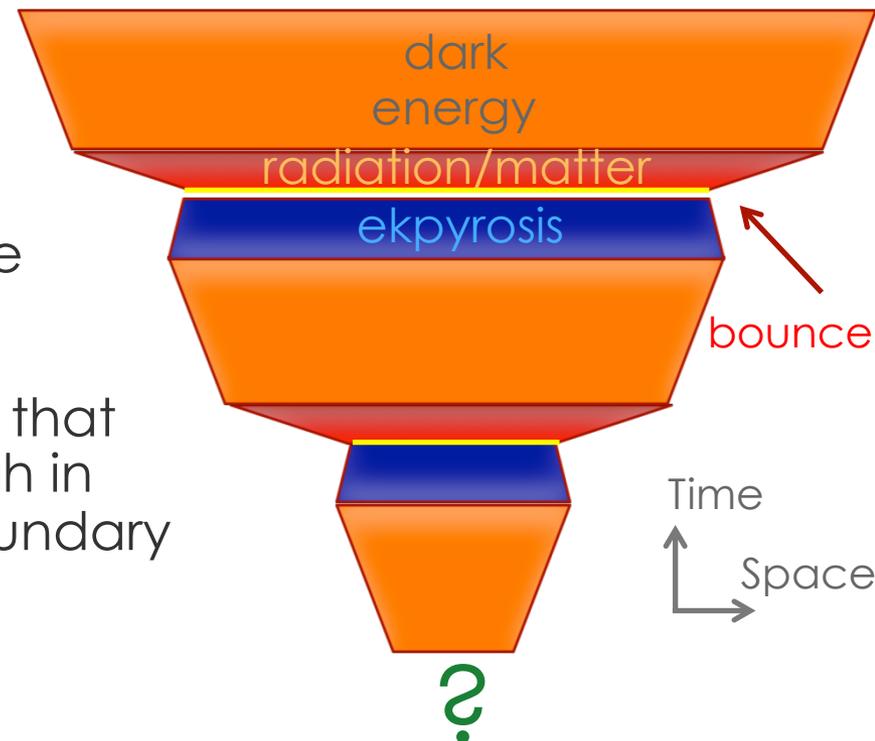
Max-Planck-Institute for Gravitational Physics
Albert-Einstein-Institute

[work done with Lorenzo Battarra]



Initial Conditions

- Asking **what came before?** inevitably leads to the question of how the universe “started”
- Singularity theorems of Hawking & Penrose
- **Inflation** (& eternal inflation): theorem of Borde, Guth & Vilenkin shows again that classically a singularity is unavoidable
- **Cyclic universe**: grows from cycle to cycle, hence, if finite, will have been in quantum regime at a finite time in the past
- Perhaps there are cyclic universes that do not need a beginning, although in that case one may still need a boundary condition at minus infinity



-
- Even though inflation & ekpyrosis are dynamical attractors, we know that many features/ predictions depend on initial conditions
 - If several alternative cosmological histories are allowed by a theory, initial conditions will determine which is the relevant one
 - More generally, for any early universe model, a big question remains unanswered: given quantum theoretical laws, how did a classical universe emerge?

This talk:

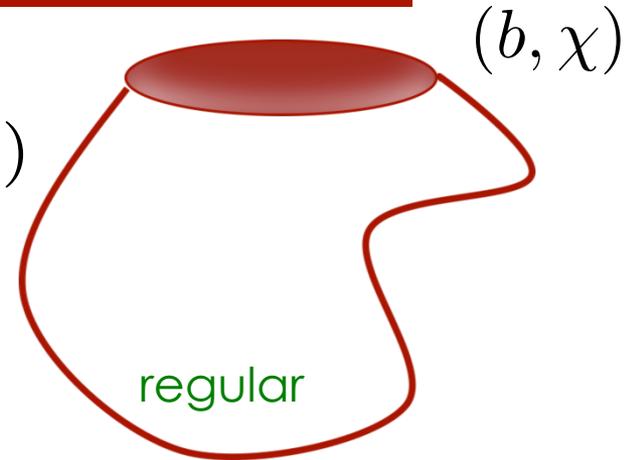
- Can Semi-Classical Quantum Gravity, together with the No-Boundary Proposal, address these open issues?

Note:

- Many **mathematical footnotes** are attached to the no-boundary proposal: definition of path integral, Wick rotation, non-renormalizability of ordinary gravity, difficulties of going beyond the mini-superspace simplification,...
- Here we will find that the configurations of greatest interest involve small curvatures -> this suggests that we may nevertheless be able to trust the **semi-classical approximation** that is used throughout

Review of the No-Boundary Proposal

$$\Psi(b, \chi) = \int_{\mathcal{C}} \mathcal{D}a \mathcal{D}\phi e^{-S_E(a, \phi)}$$
$$\approx e^{-S_{E, ext}(b, \chi)}$$



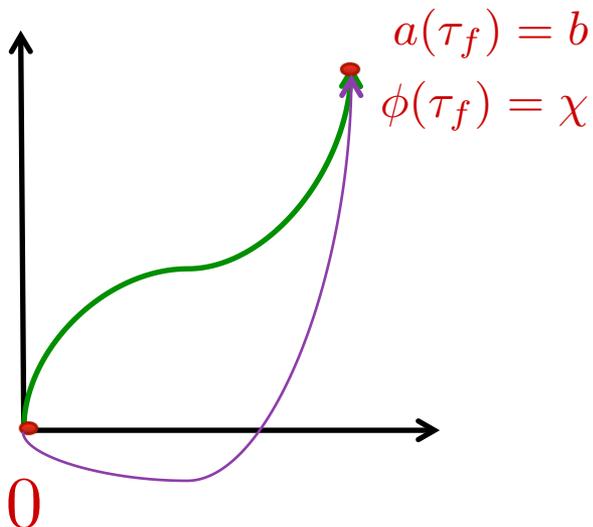
- The wavefunction is given by a path integral over all possible four-geometries that are regular in the past (i.e. the possible paths are *restricted*)
- Hartle-Hawking b.c.: the universe is *finite and self-contained*
- No-Boundary Proposal is *supported by AdS/CFT*
- Saddle point approximation: the geometries that are an extremum of the action with the required boundary conditions are typically *complex – “fuzzy” instantons*

- The metric is taken to be of (complexified) FLRW type with a fixed 3-sphere spatial geometry

$$ds^2 = d\tau^2 + a^2(\tau)d\Omega_3^2$$

- In this minisuperspace approximation, the action then becomes

$$S_E = 6\pi^2 \int d\tau \left(-aa'^2 - a + \frac{a}{3} \left(\frac{1}{2}\phi'^2 + V \right) \right)$$



Complex geometries \rightarrow the above integral is a *contour integral* in the complex τ plane

At $\tau=0$, no-boundary conditions are imposed:

$$a = 0, \quad a' = 1$$

$$\phi = \phi_{SP}^R + i \phi_{SP}^I, \quad \phi' = 0$$

Probabilities

$$S_E = 6\pi^2 \int d\tau \left(-aa'^2 - a + \frac{a}{3} \left(\frac{1}{2}\phi'^2 + V \right) \right)$$

- A standard **Lorentzian history** corresponds to evolving in the imaginary τ direction ($d\tau = idt$), with a and ϕ being (approximately) real

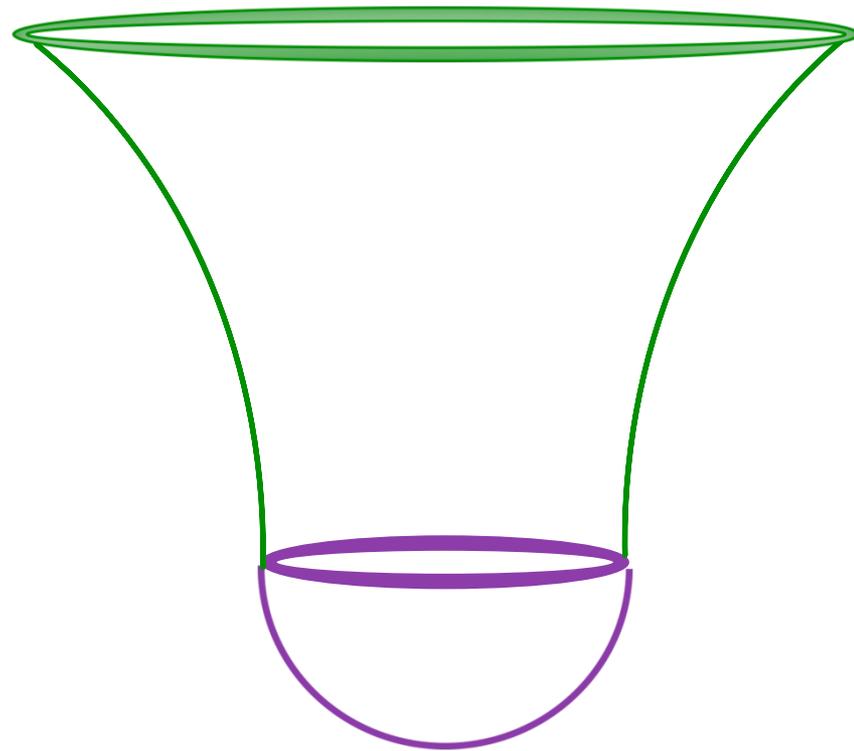
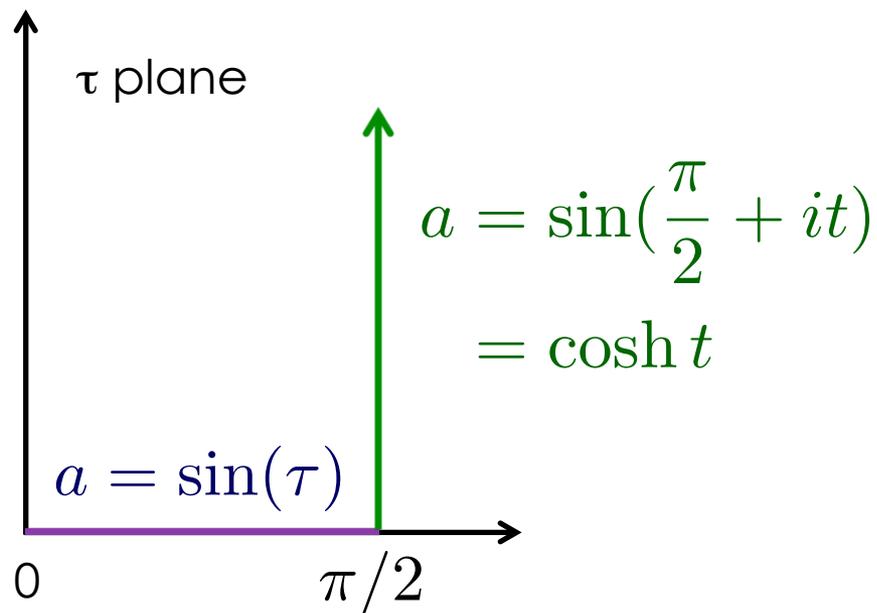
$$\Psi^* \Psi \sim e^{-2\text{Re}(S_E)}$$

- When (and only when) the universe becomes classical, the real part of S_E stops evolving and we get a meaningful notion of (relative) **probability**

Hawking's Prototype Instanton: Pure de Sitter

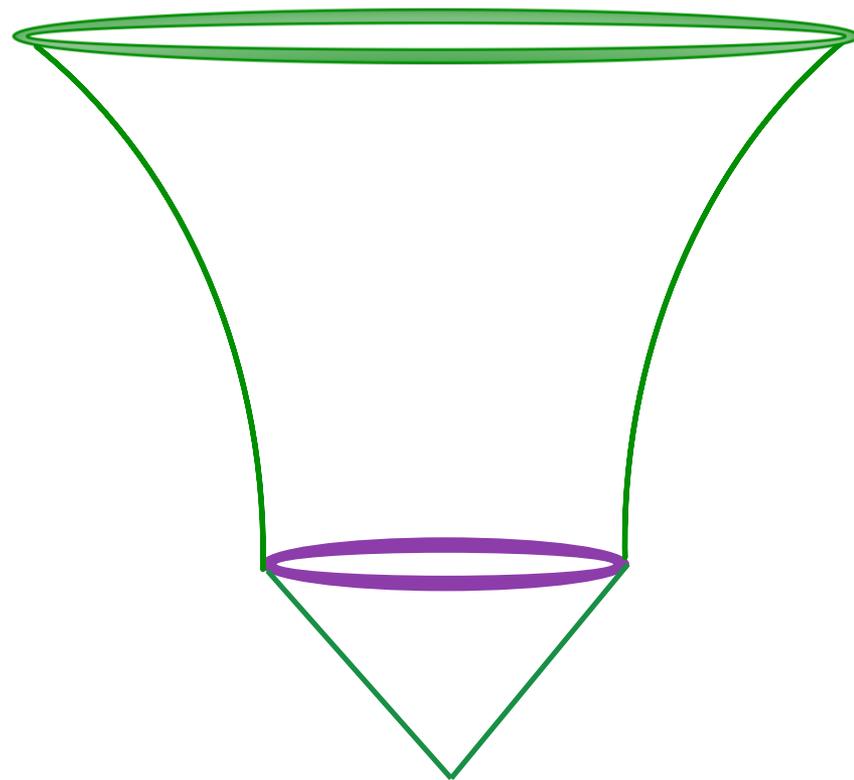
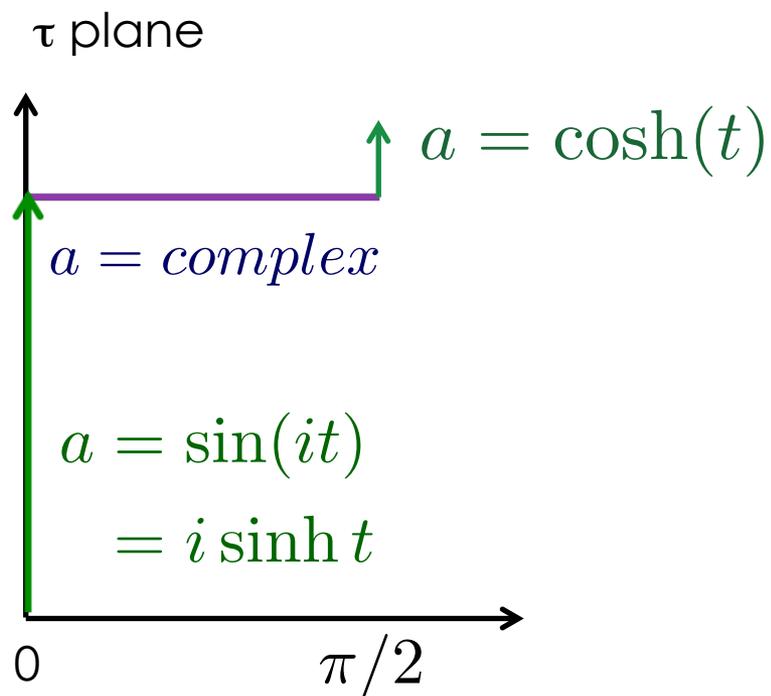
- Here there is no scalar field, only a cosmological constant $\Lambda = 3 H^2$
- Probability

$$e^{-2\text{Re}(S)} = e^{\frac{24\pi^2}{H^2}}$$



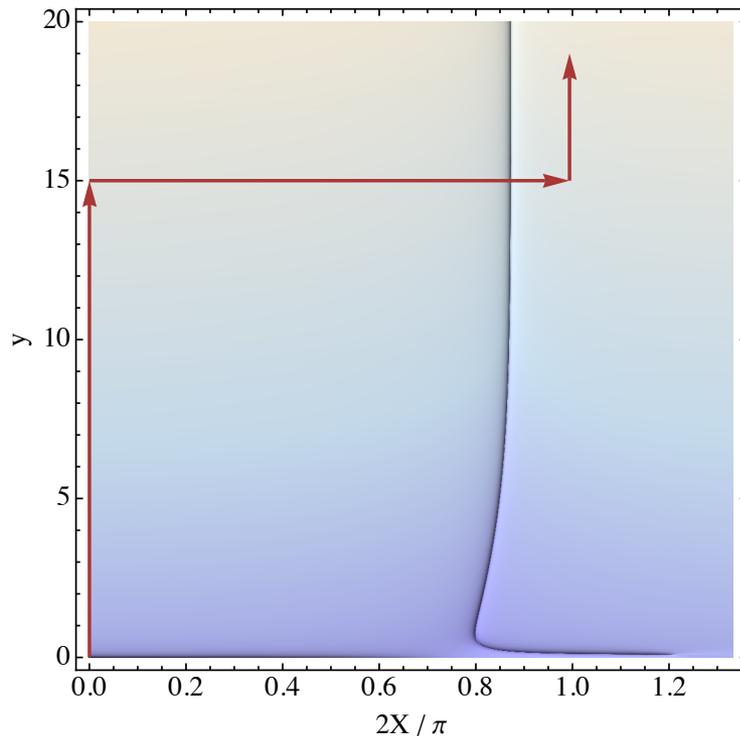
Alternative Representation: AdS Contour

- By running the contour up the y-axis first, we obtain a (wrong-signature) Euclidean AdS representation (and a possible connection with AdS/CFT)

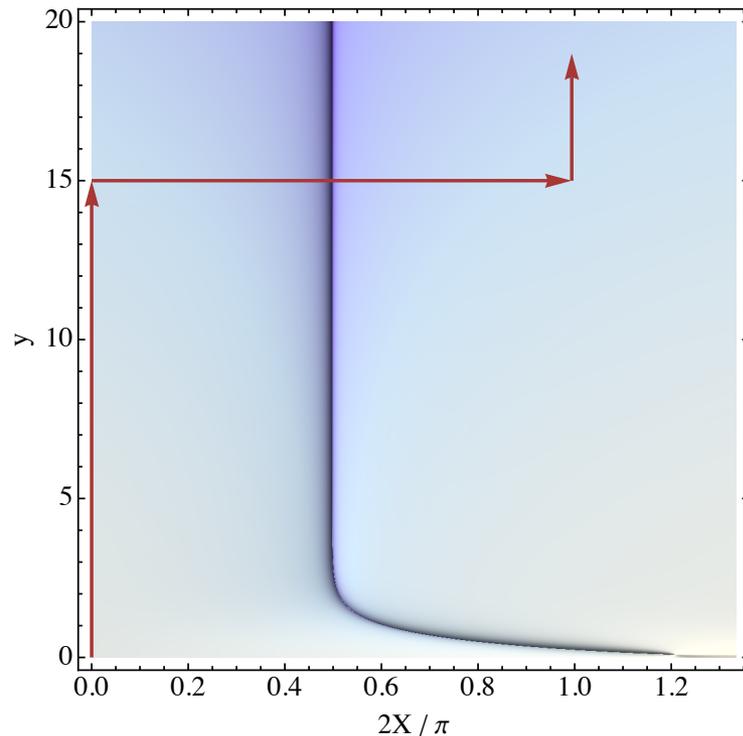


No-Boundary “Fuzzy” Instantons – including the scalar

- For an *arbitrary* value of ϕ at $\tau=0$, the lines where a is real do not match up with those where ϕ is real, i.e. we do *not* get a classical universe



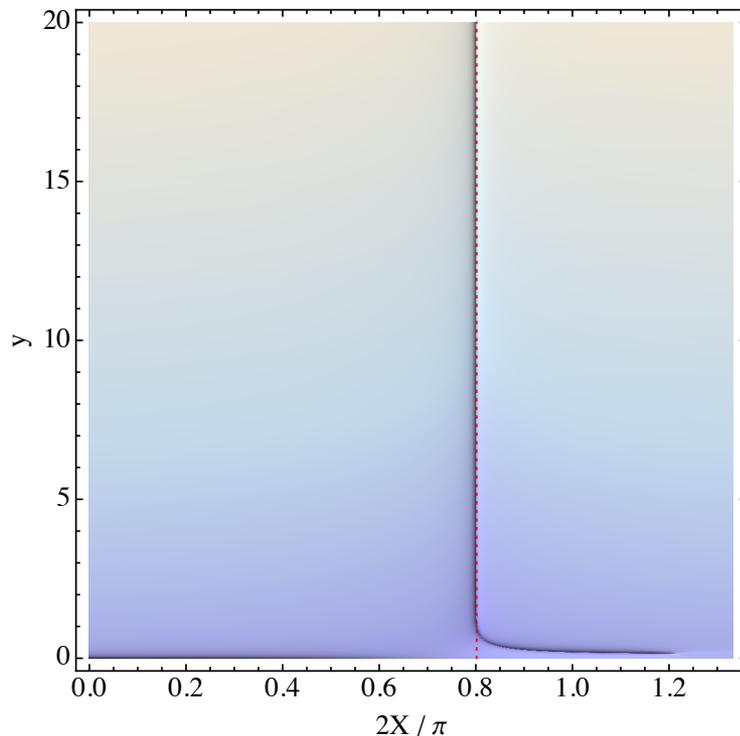
Dark line depicts locus of **real** scale factor a



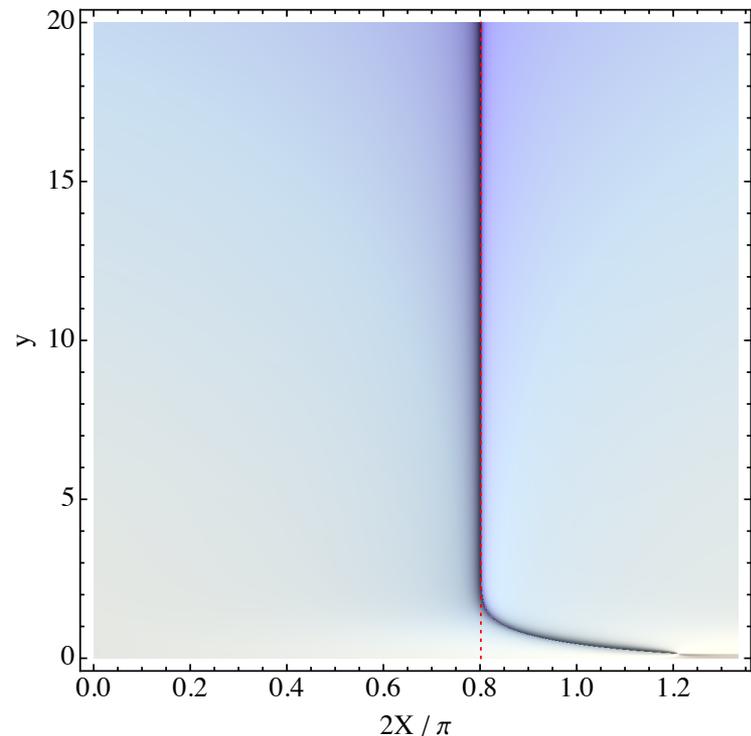
Dark = **real** scalar field

No-Boundary “Fuzzy” Instantons – including the scalar

- We must tune the *imaginary part* of ϕ at the origin $\tau=0$ in order for the lines of real a and real ϕ to match up *at late times*



Dark = real scale factor a



Dark = real scalar field ϕ

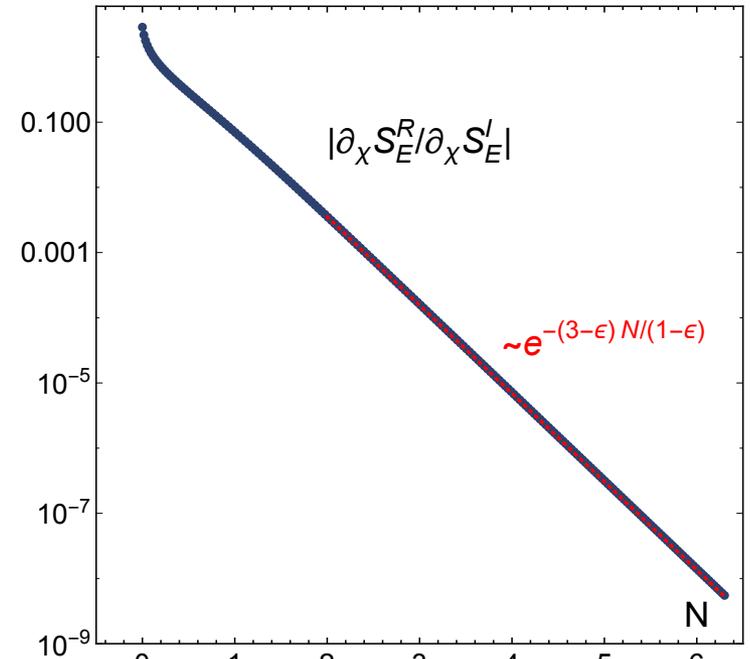
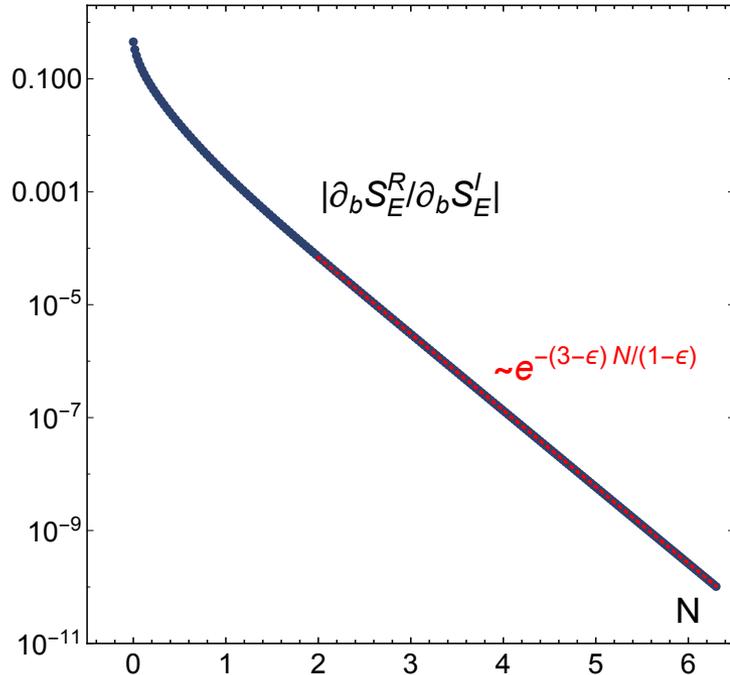
- The inflationary attractor makes this possible

WKB Classicality – Inflation (ϵ constant)

- As the inflationary phase proceeds, the wavefunction of the universe $\Psi \sim e^{-S_E}$ becomes increasingly classical, in the sense that its phase varies rapidly compared to the amplitude – WKB conditions:

$$|\partial_b S_E^R / \partial_b S_E^I| \ll 1,$$

$$|\partial_\chi S_E^R / \partial_\chi S_E^I| \ll 1$$

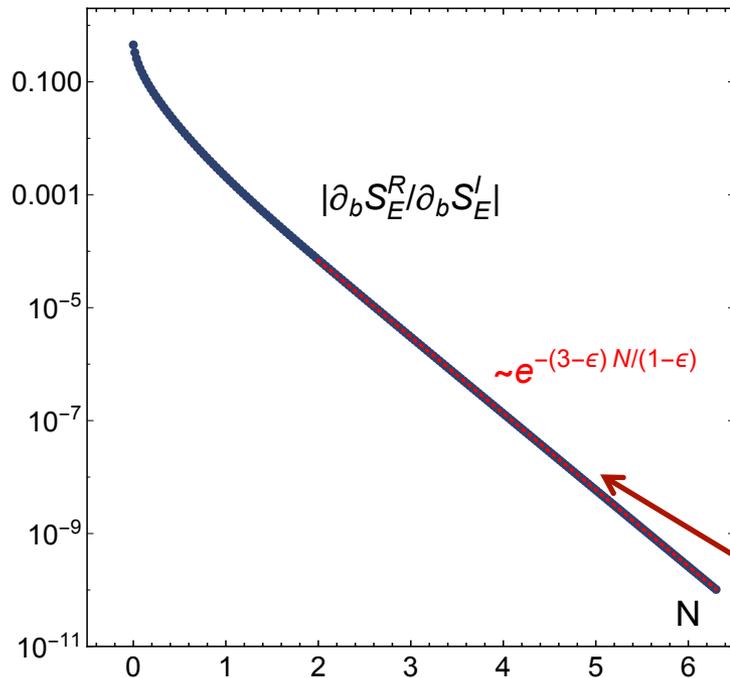


WKB Classicality – Inflation (ϵ constant)

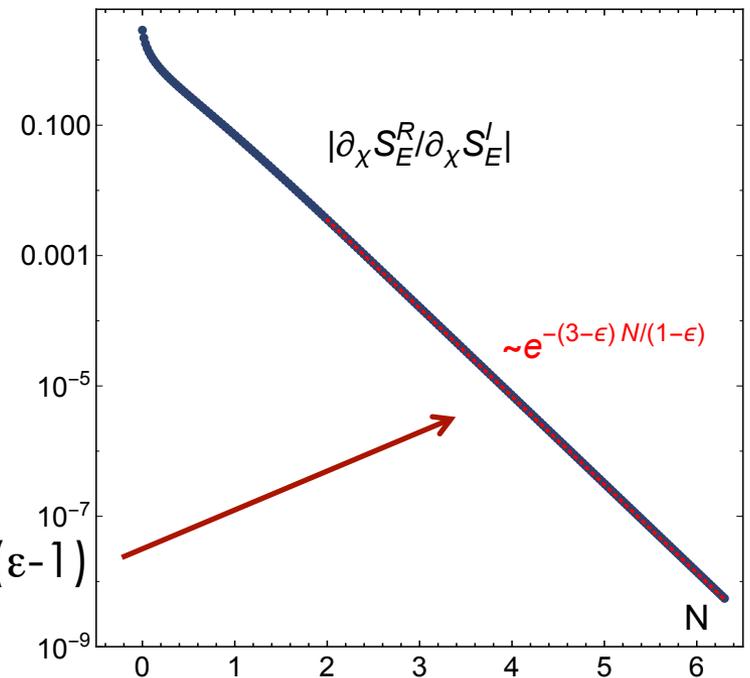
- As the inflationary phase proceeds, the wavefunction of the universe $\Psi \sim e^{-S_E}$ becomes increasingly classical, in the sense that its phase varies rapidly compared to the amplitude – WKB conditions:

$$|\partial_b S_E^R / \partial_b S_E^I| \ll 1,$$

$$|\partial_\chi S_E^R / \partial_\chi S_E^I| \ll 1$$



$$e^{-(\epsilon-3)N/(\epsilon-1)} \sim e^{-3N}$$



Inflationary instantons - Comments

- It has been claimed that inflation is **necessary** in order to explain the classicality of the universe

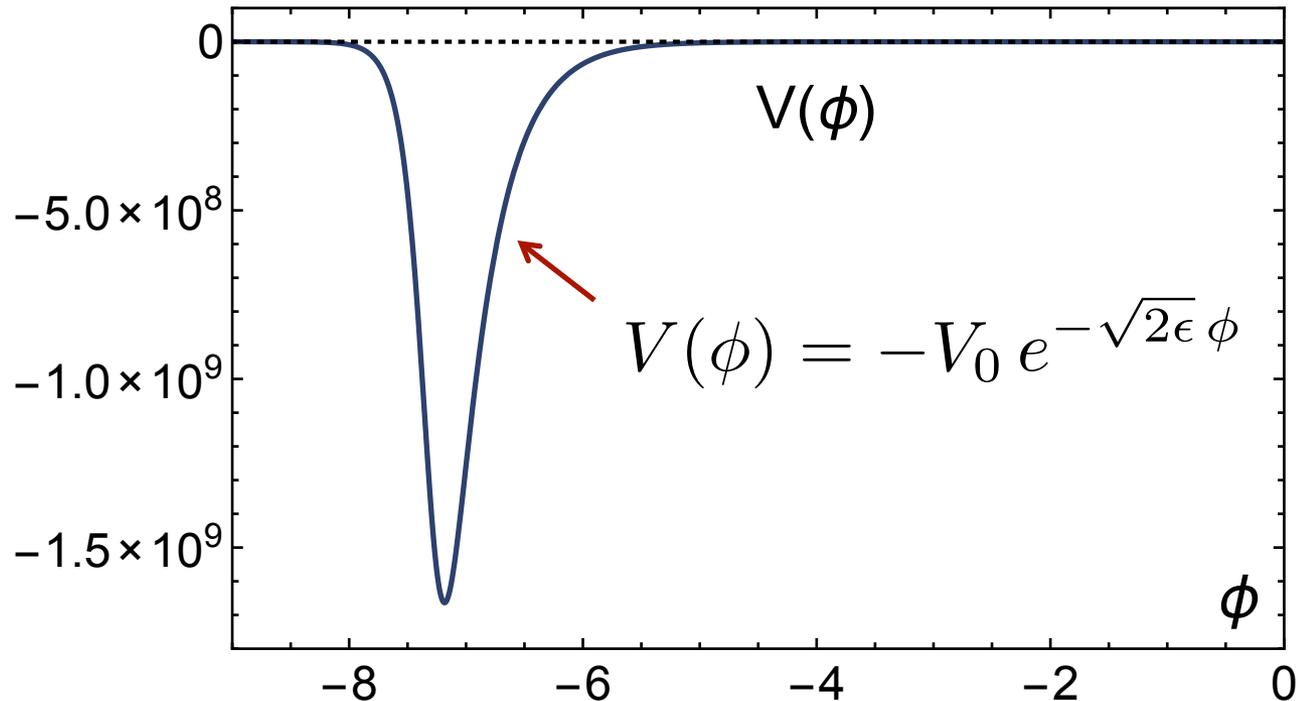
[Hartle, Hawking & Hertog]

- Relative probabilities:

$$\Psi \sim e^{-\frac{\mathcal{O}(10^2)}{V(\phi_{SP}^R)}}$$

Low values of the potential are preferred

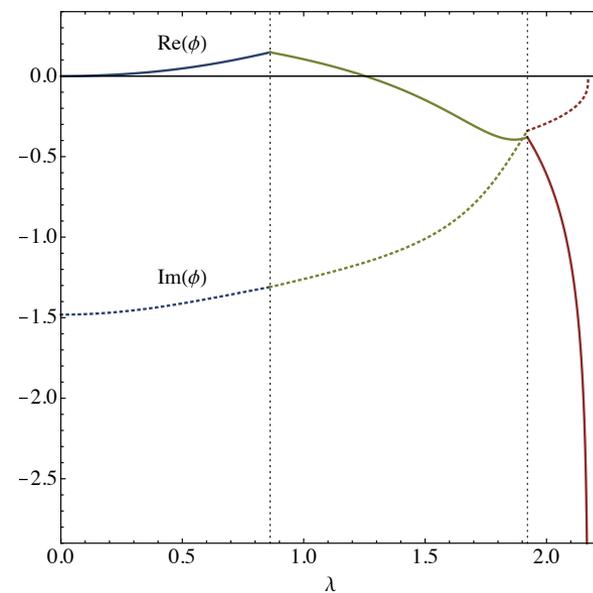
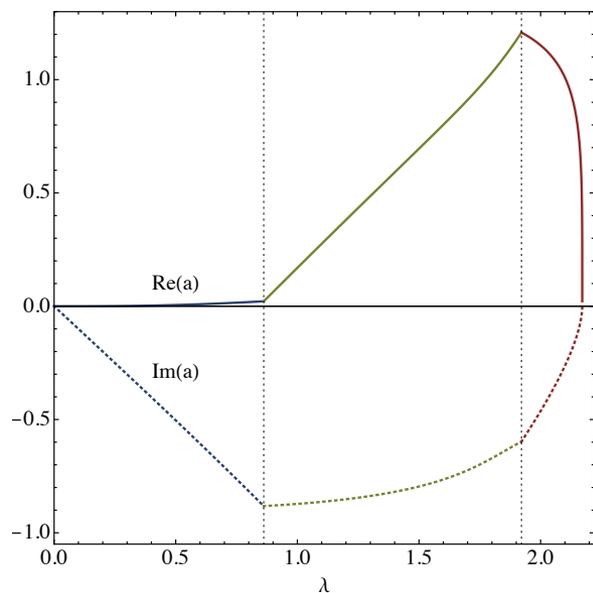
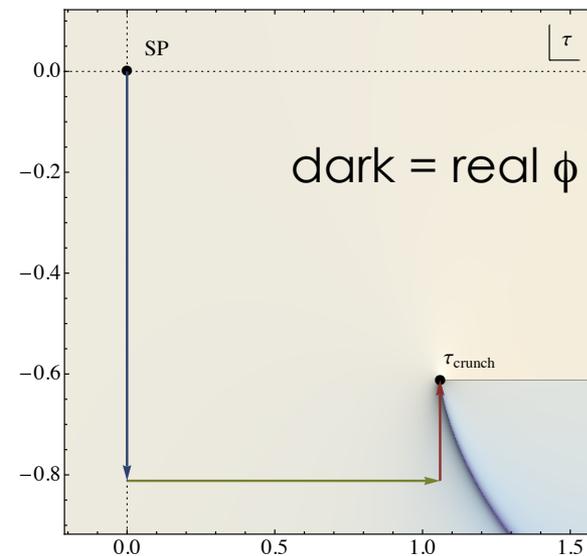
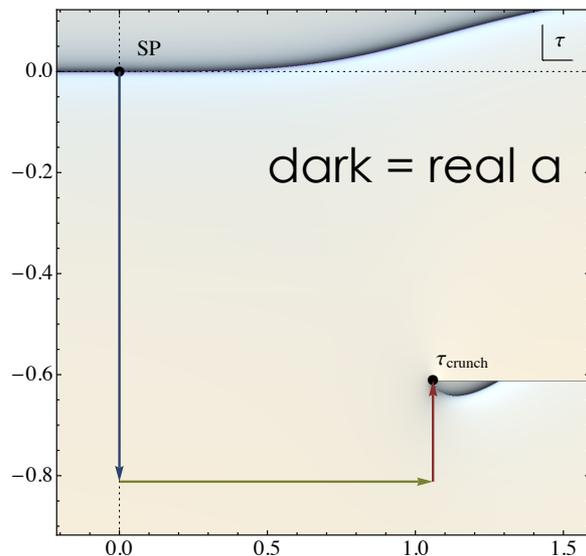
Ekpyrotic Instantons



- Can one make sense of the no-boundary proposal when the potential is **negative**?
- How can a contracting universe emerge from nothing?

Ekpyrotic Instantons

- Require a different contour
- No bounce dynamics included (yet), hence these instantons end in a crunch
- Classicality is reached during the ekpyrotic fast-roll



Ekpyrotic Instantons - Shape

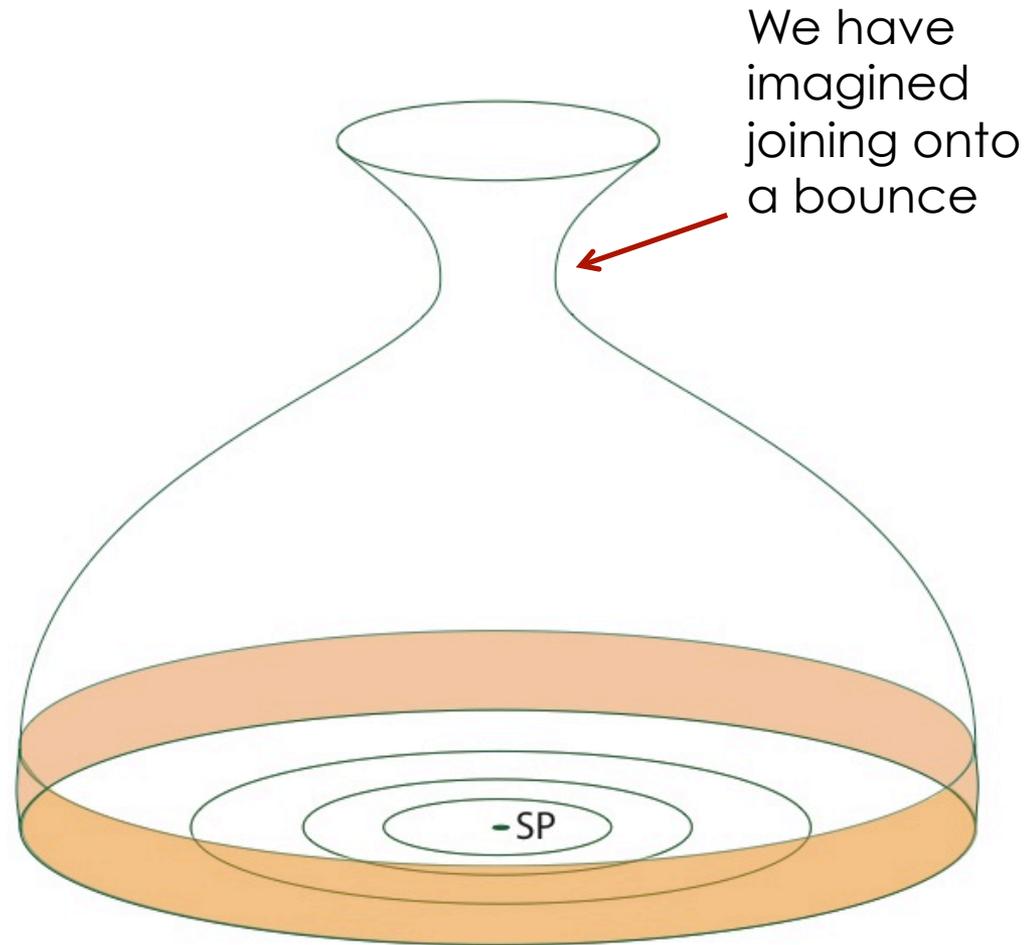
- Along this contour, the shape is as follows:

Bottom: portion of **Euclidean space**

Middle: **fully complex**

Top: **increasingly classical contracting universe**

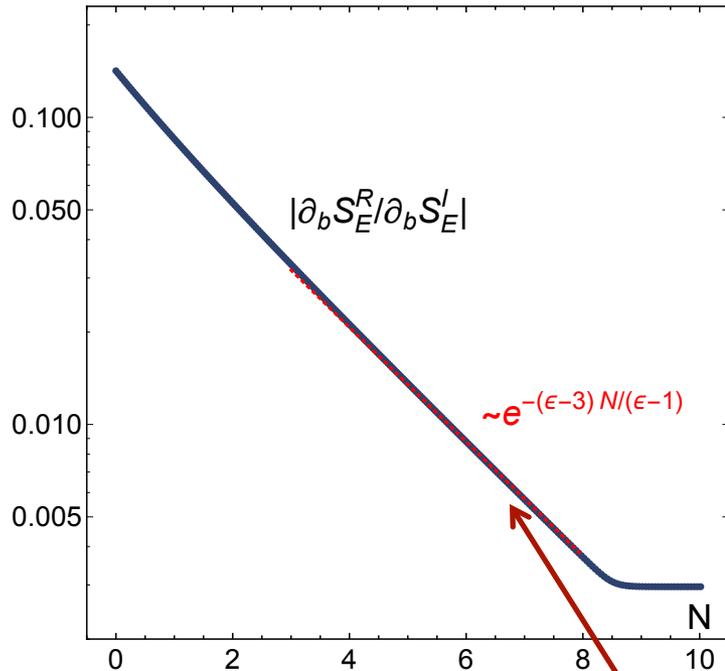
- Thus a contracting Lorentzian universe can emerge from nothing as a region of Euclidean space gets created first



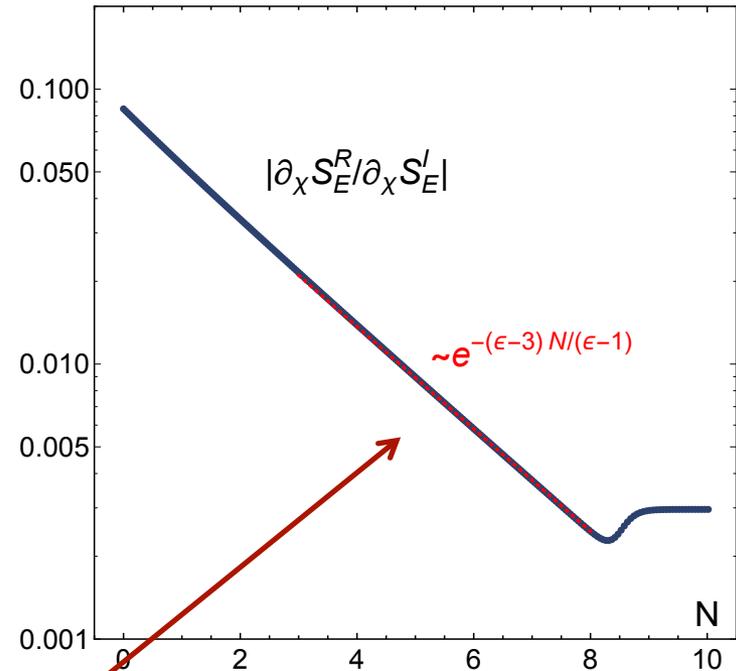
WKB Classicality - Ekpyrosis

- In this case also, the wavefunction becomes **increasingly classical** in a WKB sense

$$|\partial_b S_E^R / \partial_b S_E^I| \ll 1,$$



$$|\partial_\chi S_E^R / \partial_\chi S_E^I| \ll 1$$

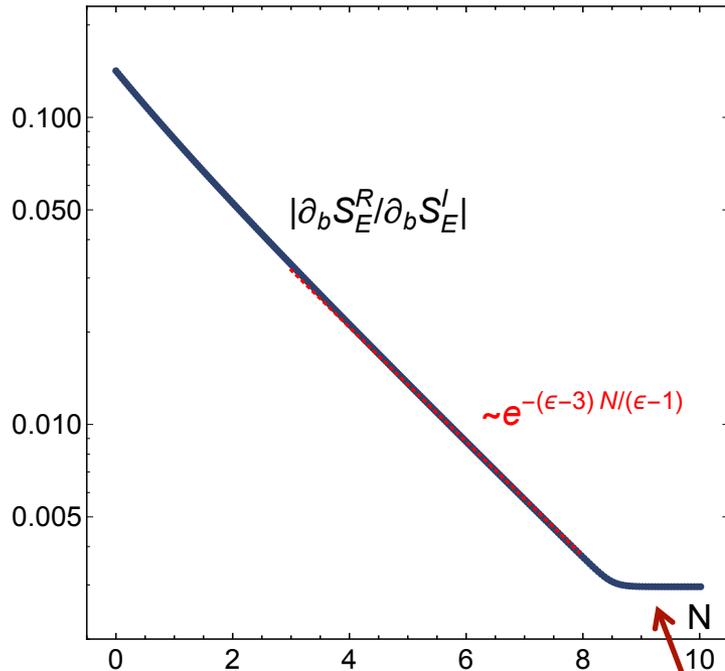


$$e^{-(\epsilon-3)N/(\epsilon-1)} \sim e^{-N}$$

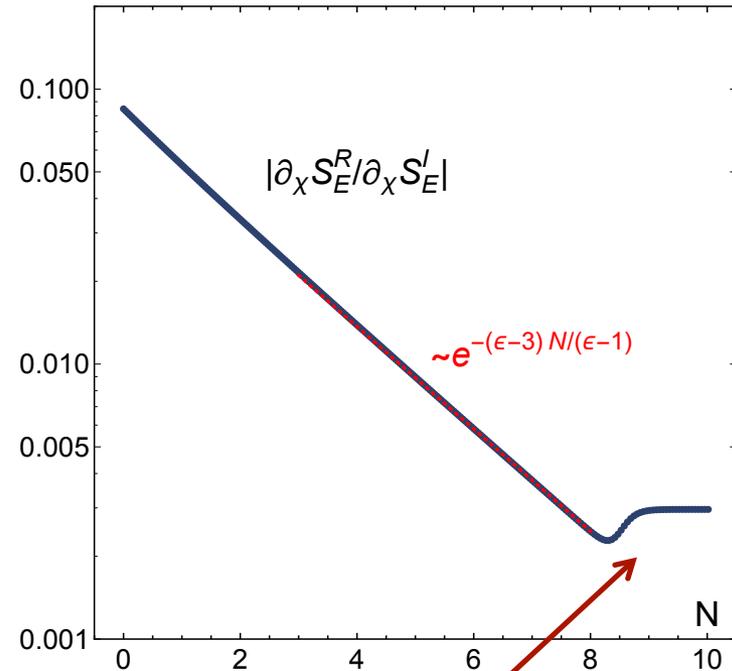
WKB Classicality - Ekpyrosis

- In this case also, the wavefunction becomes increasingly classical in a WKB sense

$$|\partial_b S_E^R / \partial_b S_E^I| \ll 1,$$



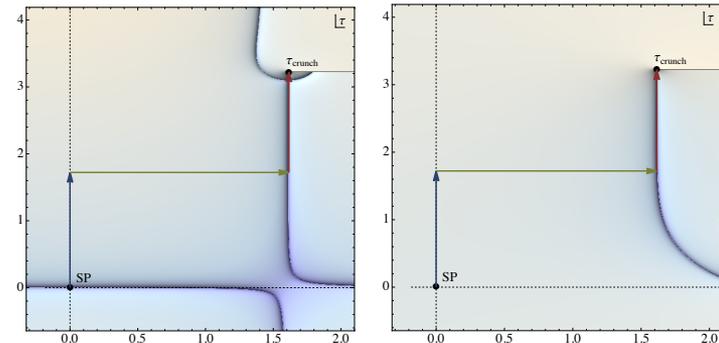
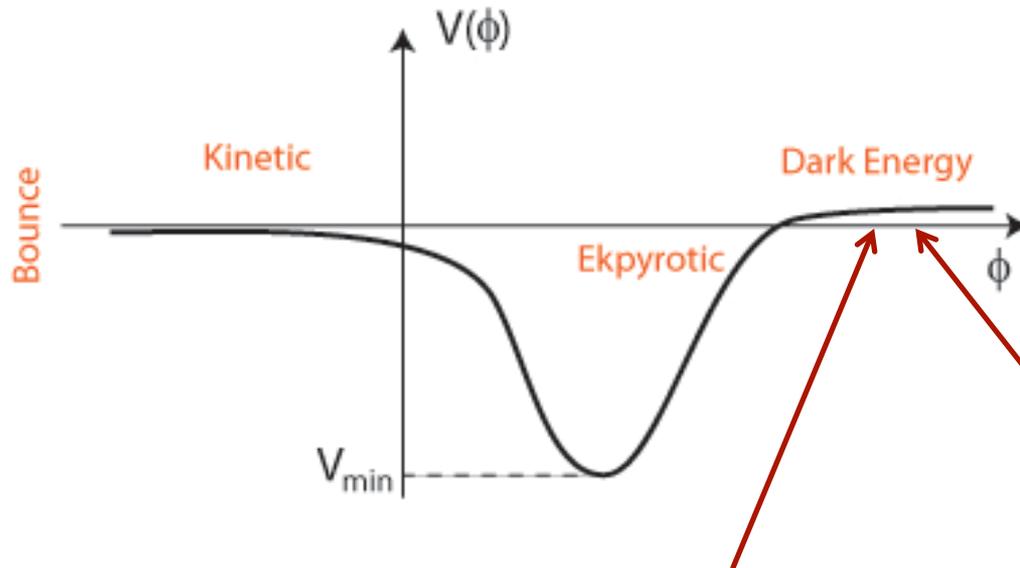
$$|\partial_\chi S_E^R / \partial_\chi S_E^I| \ll 1$$



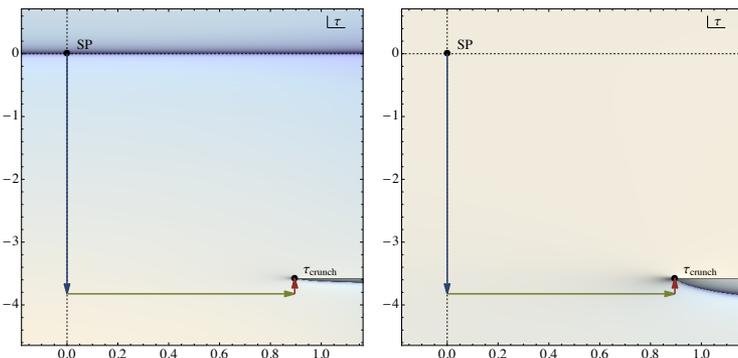
Classicality is preserved during the subsequent kinetic phase

Cyclic Potential

- On dark energy plateau, inflationary and ekpyrotic instantons coexist



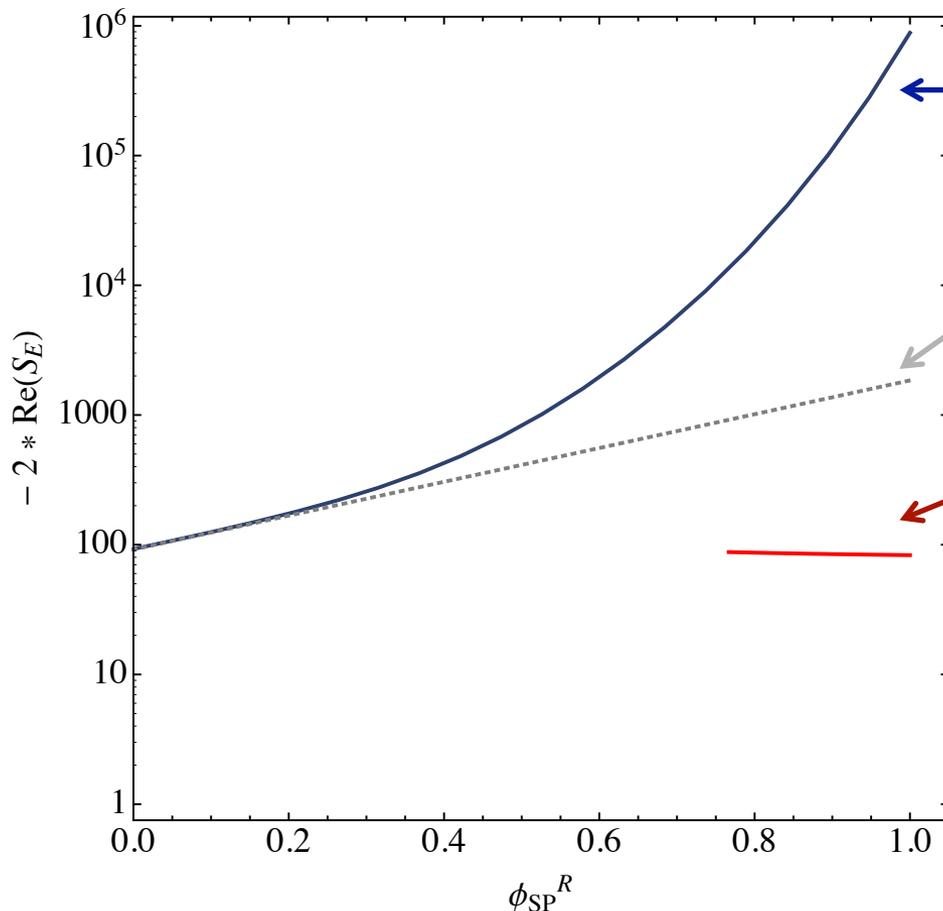
Inflationary instanton
 Classicality reached during phase of exponential expansion



Ekpyrotic instanton
 Classicality reached during subsequent ekpyrotic rolling-down

Cyclic Potential - Probabilities

- **Relative probability** of inflationary vs. cyclic instantons on dark energy plateau



Ekpyrotic instantons

Expected scaling
assuming a pure
exponential potential

Inflationary instantons

The relative probability for
ekpyrotic instantons on the
dark energy plateau is **high**
– why?

Conclusions

- Inflation and ekpyrosis are the **only two theories** known that can **render the universe classical**, starting from a quantum state
- In both cases classicality is reached as a **power-law** in the scale factor of the universe

$$WKB \propto e^{-\frac{\epsilon-3}{\epsilon-1}N}$$

- In a potential energy landscape the **relative probability** of the various classical histories is approx. given by a simple formula

$$\Psi^* \Psi \propto e^{\frac{1}{|V(\phi_{SP}^R)|}}$$

- This implies that **ekpyrotic histories are vastly preferred**
- **Open questions:**
 - Can one can add a bounce? Is classicality preserved across the bounce?
 - How can one incorporate tunneling events?



Volume Weighting and Eternal Inflation

- It has been argued that one should weight by physical volume in order to obtain the relevant probabilities:

$$P \propto e^{-2\text{Re}(S_E) + 3N} \quad [\text{Hartle, Hawking \& Hertog}]$$

- It is then easy to determine the **minimum** of the probability distribution:

$$\begin{aligned} (-2\text{Re}(S) + 3N)_{,\phi} &= \left(\frac{24\pi^2}{V} + 3 \int \frac{V}{V_{,\phi}} d\phi \right)_{,\phi} \\ &= -\frac{24\pi^2 V_{,\phi}}{V^2} + 3 \frac{V}{V_{,\phi}} \\ &= 0 \\ \rightarrow \frac{V_{,\phi}^2}{V^3} &= \frac{1}{8\pi^2} \end{aligned}$$

- Thus we have **the lowest probability at the onset of eternal inflation!**