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Backreacting Quantum Fields on de Sitter Space lessons from gauge-gravity duality

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Cosmology is the study of the evolution of the universe according to the laws of gravity subject to the matter content.

Matter in our universe is a manifestation of quantum fields which necessarily exhibit **quantum fluctuations**.

According to the **equivalence principle**, quantum fluctuations are expected to gravitate thus influencing the evolution of the universe.

How do quantum fluctuations **backreact** on a given background spacetime ?

Absent a theory of quantum gravity the question of backreaction can be addressed in the framework of **QFT on curved spacetime**.

While quantisation in curved spacetime is textbook material, explicit calculations regarding backreaction are **technically hard**.

More tractable when considering backgrounds with **maximal symmetry**, with **de Sitter (dS) space** of particular phenomenological importance.

How do quantum fluctuations **backreact** on dS space?

Long-standing set of hints that **dS space** may be **unstable against fluctuations**:

- Hints for a **thermodynamic** instability [Mottola '85]
- Possible instability due to graviton fluctuations and fluctuations of massless scalars
 [Antoniadis, Iliopoulos, Tomaras '86; Tsamis, Woodard '96, '97]
 [Mukhanov, Abramo, Brandenberger '97; Abramo, Woodard '99]

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Observed difficulty of obtaining de Sitter vacua from **string theory compactifications**:

• Conjecture that de Sitter vacua are forbidden in quantum gravity. [Obied, Ooguri, Spodyneiko, Vafa '18; Ooguri, Palti, Shiu, Vafa, '18]

I. Thermodynamics

Hints for a **thermodynamic** instability: [Mottola '85]

dS temperature:
$$T = \frac{H}{2\pi}$$
 dS horizon entropy: $S_H \sim \frac{1}{T^2}$
$$\frac{dS_H}{dT} \sim -\frac{1}{T^3} < 0$$

The dS horizon acts like a system with **negative** specific heat.

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Thermodynamically unstable

2. Graviton Fluctuations

Hints for instability due to graviton fluctuations: [Tsamis, Woodard '96]

Consider the theory:
$$S = \frac{1}{\kappa^2} \int d^4x \sqrt{-g} \left(R - 2\lambda \right)$$

Compute perturbatively: $\langle 0|g_{\mu\nu}(t,\vec{x})dx^{\mu}dx^{\nu}|0\rangle = -dt^2 + a^2(t)d\vec{x} \cdot d\vec{x}$ $H_{\text{eff}}(t) \equiv \frac{d}{dt}\ln a(t)$

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At two graviton loops one finds:

$$H_{\rm eff}(t) = H \left\{ 1 - \left(\frac{\kappa H}{4\pi}\right)^4 \left[\frac{1}{6}(Ht)^2 + \dots\right] + \mathcal{O}(\kappa^6) \right\} \quad , \qquad 3H^2 = \lambda$$

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Could this be an artefact of perturbation theory?

3. String Theory

Hints from string theory compactifications:

Typical potential for a string compactification including classical + leading quantum contributions:



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Hints from string theory compactifications:

- AdS minima and dS maxima are generic.
- dS minima difficult to construct & theoretical control is in doubt.

Conjecture that dS minima are forbidden. This can be ensured by requiring:

[Obied, Ooguri, Spodyneiko, Vafa '18; Ooguri, Palti, Shiu, Vafa, '18]

$$V' \ge \frac{c}{M_p} V, \qquad \qquad V'' \le -\frac{c'}{M_p^2} V$$

Note that the conditions in this form do not follow directly from string theory.

Long-standing set of hints that **dS space** may be **unstable against fluctuations.**

Observed difficulty of obtaining de Sitter vacua from **string theory compactifications.**

Could the instabilities (due to massless fields) could just be **artefacts of perturbation theory?**

Here: use techniques of **gauge-gravity duality** to study back-reaction of **holographic QFTs** on dS.

$$Z = \int d[g] d[\Phi] e^{iS_0[g] + iS_{\text{QFT}}[g,\Phi]}$$

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$$S_0[g] = \int d^4x \sqrt{|g|} \left[\frac{M_0^2}{2}R - M_0^2\lambda_0 + a_0R^2\right]$$

$$\begin{split} Z &= \int d[g] \, d[\Phi] \, e^{iS_0[g] + iS_{\text{QFT}}[g,\Phi]} \\ &= \int d[g] \, e^{iS_0[g]} \left(\int d[\Phi] \, e^{iS_{\text{QFT}}[g,\Phi]} \right) \\ &= \int d[g] \, e^{iS_0[g] + iW_{\text{QFT}}[g]} \end{split}$$

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$S_{\text{eff}}[g] = S_0[g] + W_{\text{QFT}}[g]$

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• Here: focus on backgrounds with

$$\nabla_{\rho} R_{\mu\nu} = 0 \quad \Leftrightarrow \quad R_{\mu\nu} = \kappa g_{\mu\nu} \,, \quad R = 4\kappa$$

This includes the phenomenologically interesting cases of max. symmetric space-times (Minkowski, AdS, dS).

$$S_{\text{eff}}[g] = S_0[g] + W_{\text{QFT}}[g]$$
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So far, this analysis has been performed for special cases:

- massive free scalar on de Sitter [see e.g. Mazur; Mottola 1986]
- ϕ^4 -theory on de Sitter via non-perturbative RG techniques. [Moreau, Serreau 2018]

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Here, we will employ **holography** to integrate out a QFT on an Einstein manifold and calculate $W_{QFT}[g]$.

Outline

I.) Setup: • What types of QFTs are back-reacted?

- Integrating out via holography
- UV divergences & renormalisation

2.) Results for constant-curvature solutions:

- Case I: The physical system is UV-complete
- (Case II: QFT with a UV cutoff)

3.) Stability of the dS solutions

4.) Conclusions & open questions



Setup: QFTs

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I.) CFTs

2.) RG flow QFTs:

RG flows driven by a relevant operator \mathcal{O} of dimension Δ^{uv} from a UV fixed point to a IR fixed point.



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We will consider large- N_c theories at infinite coupling. In particular:

I.) CFTs: anomaly coefficient \tilde{a} .

2.) RG flow QFTs:

RG flows driven by a relevant operator \mathcal{O} of dimension Δ^{UV} from a UV fixed point to a IR fixed point.



Setup: Integrating out via holography

Postulate that the **4d QFT** possesses a holographic dual given by a **5d gravitational theory**.

Puality:
$$Z_{\text{QFT},4d}[g] = Z_{\text{grav},5d}[g]$$

with $Z_{\text{QFT},4d}[g] = \int d[\Phi] e^{iS_{\text{QFT}}[g,\Phi]} = e^{iW_{\text{QFT}}[g]}$
and $Z_{\text{grav},5d}[g] = \int_{G|_{\partial \mathcal{M}}=g} d[G] e^{iS_{\text{grav}}[G]}$

Setup: Integrating out via holography

We take the QFTs to be at large N_c and at infinite coupling.

The gravity dual is dominated by classical gravity, i.e.

$$Z_{\text{grav},5d}[g] = \int_{G|_{\partial\mathcal{M}}=g} d[G] \, e^{iS_{\text{grav}}[G]} = e^{iS_{\text{grav}}^{\text{on-shell}}[g]}$$

$$W_{\rm QFT}[g] = S_{\rm grav}^{\rm on-shell}[g]$$

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The limit $N_c \to \infty$ implies $\tilde{a}, \tilde{a}_{UV}, \tilde{a}_{IR} \to \infty$ but $\tilde{a}_{UV}/\tilde{a}_{IR}$ can be chosen finite.

$$S_{\text{grav},5d} = M^3 \int du \, d^4x \sqrt{|G|} \left(R^{(G)} - (\partial \varphi)^2 - V(\varphi) \right) + S_{\text{GHY}}$$

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Ansatz:

$$ds^{2} = du^{2} + e^{A(u)}g_{\mu\nu}dx^{\mu}dx^{\nu}, \qquad \varphi(u, x^{\mu}) = \varphi(u)$$

instein manifold

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UV boundary
Einstein manifold

[Ghosh, Kiritsis, Nitti, LW 2017]

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Dilaton potential:


Setup: Summary

We will consider large- N_c theories at infinite coupling of the following type and integrate out via holography:

I.) CFTs

2.) RG flow QFTs:

RG flows driven by a relevant operator \mathcal{O} of dimension Δ^{UV} from a UV fixed point to a IR fixed point.

The QFTs are defined on **Einstein manifolds**.

$$S_{\text{eff}}[g] = S_0[g] + S_{\text{grav}}^{\text{on-shell}}[g]$$

Setup: UV divergences

Integrating out a QFT typically leads to UV divergences.

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$$S_{\text{grav}}^{\text{on-shell}}[g] = \int d^4x \sqrt{|g|} f_{\text{QFT}}(R)$$
$$\sim \int \left(a_1 \Lambda^4 + a_2 \Lambda^2 R + a_3 R^2 \log R \Lambda^{-2} \right)$$

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- The term $\sim \Lambda^4$ renormalizes the cosmological constant
- The term $\sim \Lambda^2 R$ renormalizes the Planck scale.
- The term $\sim R^2 \log R \Lambda^{-2}$ renormalizes the R^2 -term.

Setup: Case I

The system of bare grav. theory and QFT is "UV-complete".

 $\Lambda \to \infty$ Take cutoff to infinity

E

$$S_0[g] = \int d^4x \sqrt{|g|} \left[\frac{M_0^2}{2} R - M_0^2 \lambda_0 + a_0 R^2 \right]$$
$$S_{\text{grav}}^{\text{on-shell}}[g] = \int d^4x \sqrt{|g|} f_{\text{QFT}}(R)$$

Absorb the divergent terms in renormalized quantities:

$$M_{\rm ren}^2 \lambda_{\rm ren} = M_0^2 \lambda_0 + f_{\rm QFT} \big|_{R=0, \Lambda \to \infty}$$
$$\frac{M_{\rm ren}^2}{2} = \frac{M_0^2}{2} + \frac{d}{dR} f_{\rm QFT} \big|_{R=0, \Lambda \to \infty}$$

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Absorb the divergent terms in renormalized quantities:

$$S_{\text{eff}}[g] = \int d^4x \sqrt{|g|} f(R \mid M_{\text{ren}}, \lambda_{\text{ren}}, m)$$

Setup: Case 2

E

Λ

In **Case 2** it is assumed that S_0 is an effective theory at some scale Λ .

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$$S_0[g] = \int d^4x \sqrt{|g|} \left[\frac{M_0^2}{2} R - M_0^2 \lambda_0 + a_0 R^2 \right]$$

 Λ Then couple a QFT with UV cutoff Λ to the background described by $g_{\mu\nu}$.

$$S_{
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$$S_{\text{grav}}^{\text{on-shell}}[g] = \int d^4x \sqrt{|g|} f_{\text{QFT}}(R \mid \Lambda, m)$$

The combined system is described by:

$$S_{\text{eff}}[g] = \int d^4x \sqrt{|g|} f(R \mid M_0, \lambda_0, \Lambda, m)$$

Results

The system of bare grav. theory and QFT is "UV-complete".

 $\Lambda \rightarrow \infty$ Absorb divergent terms in renormalized quantities.

Equation for constant-curvature solutions:

$$M_{\rm ren}^2 R - 4M_{\rm ren}^2 \lambda_{\rm ren} + \langle T_{\mu}^{\rm ren,\mu} \rangle = 0$$

$$\langle T_{\mu}^{\rm ren,\mu} \rangle = -\frac{2}{\sqrt{|g|}} g^{\mu\nu} \frac{\delta}{\delta g^{\mu\nu}} S_{\rm grav}^{\rm on-shell,ren}$$

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I.) CFT:
$$\langle T_{\mu}^{\mathrm{ren},\mu} \rangle = -\frac{\tilde{a}}{48}R^2$$

2.) RG flow QFT: $\langle T_{\mu}^{\mathrm{ren},\mu} \rangle = -\frac{\tilde{a}_{\mathrm{UV}}}{48}R^2 + (4 - \Delta^{\mathrm{UV}})m^{4-\Delta^{\mathrm{UV}}} \langle \mathcal{O} \rangle(R)$

I.) CFT:
$$R = \frac{24}{\tilde{a}} M_{\rm ren}^2 \left(1 \pm \sqrt{1 - \frac{\tilde{a}}{3} \frac{\lambda_{\rm ren}}{M_{\rm ren}^2}} \right)$$











2.) RG flow:
$$M_{\rm ren}^2 R - 4M_{\rm ren}^2 \lambda_{\rm ren} - \frac{\tilde{a}_{\rm UV}}{48} R^2 + (4 - \Delta^{\rm UV}) m^{4 - \Delta^{\rm UV}} \langle \mathcal{O} \rangle = 0$$



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In **Case 2** it is assumed that S_0 is an effective theory at some scale Λ .

$$S_0[g] = \int d^4x \sqrt{|g|} \left[\frac{M_0^2}{2} R - M_0^2 \lambda_0 + a_0 R^2 \right]$$

Then couple a QFT with UV cutoff Λ to the background described by $g_{\mu\nu}$.

$$S_{\text{grav}}^{\text{on-shell}}[g] = \int d^4x \sqrt{|g|} f_{\text{QFT}}(R \mid \Lambda, m)$$

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For a CFT:
$$f_{\text{CFT}} = \tilde{a} \left[6\Lambda^4 \sqrt{1 + \frac{R}{12\Lambda^2}} + \frac{R\Lambda^2}{4} \sqrt{1 + \frac{R}{12\Lambda^2}} + \frac{R\Lambda^2}{4R} \sqrt{1 + \frac{R}{12\Lambda^2}} + \frac{R^2}{48} \log \left(\sqrt{1 + \frac{12\Lambda^2}{R}} - \sqrt{\frac{12\Lambda^2}{R}} \right) \right]$$

Eq. for const.-curv. sol.: $M_0^2 R - 4M_0^2 \lambda_0 + 24\tilde{a}\Lambda^4 \sqrt{1 + \frac{R}{12\Lambda^2}} = 0$

Solution: $R = 4\lambda_0 - 24\tilde{a}^2 \frac{\Lambda^6}{M_0^4} \left(\sqrt{1 + \frac{M_0^4}{\tilde{a}^2 \Lambda^4} + \frac{M_0^4 \lambda_0}{3\tilde{a}^2 \Lambda^6}} - 1 \right)$

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• For
$$\Lambda = 0$$
 have $R(\Lambda = 0) = 4\lambda_0$.

- Increasing Λ always decreases R.
- For sufficiently large Λ the curvature R becomes negative.
- The (thermal) entropy of dS space scales as $S_{\rm th} \sim R^{-1}$. Increasing Λ thus increases $S_{\rm th}$ of dS which may be naively expected. Can this entropic argument be made precise?

$$S_{\text{eff}}[g] = \frac{1}{2\kappa} \int d^4x \sqrt{|g|} f(R)$$

Condition on thermodynamic stability: [Mazur, Mottola '86]

$$\frac{dS_E}{d\beta} < 0 \quad \Leftrightarrow \quad \frac{d^2S_{\text{eff}}}{d\beta^2} < 0 \qquad \text{with} \quad \beta = \frac{1}{T} = \frac{2\sqrt{12}\pi}{\sqrt{R}}$$

For a f(R)-theory stability about a constant-R-solution implies:

$$f_R - Rf_{RR} < 0$$

$$S_{\text{eff}}[g] = \frac{1}{2\kappa} \int d^4x \sqrt{|g|} f(R)$$

Condition on **thermodynamic stability**: $f_R - R f_{RR} < 0$



$$S_{\text{eff}}[g] = \frac{1}{2\kappa} \int d^4x \sqrt{|g|} f(R)$$

Note that a f(R) -theory can be written as an **Einstein-dilaton** theory with dilaton potential:

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Note that a f(R) -theory can be written as an **Einstein-dilaton** theory with dilaton potential:

Can define stability in terms of stability of the dilaton:

Maxima = unstable Minima = stable

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Note that a f(R) -theory can be written as an **Einstein-dilaton** theory with dilaton potential:

Can define stability in terms of stability of the dilaton:

$$\left. \frac{d^2 V}{d\phi^2} \right|_{\text{extremum}} = \frac{1}{6\kappa} \frac{f_R - Rf_{RR}}{f_R f_{RR}} > 0 \qquad \text{for stability}$$

$$S_{\text{eff}}[g] = \frac{1}{2\kappa} \int d^4x \sqrt{|g|} f(R)$$

Thermodynamic stability: $f_R - R f_{RR} < 0$

Dilaton stability: $\frac{f_R - R f_{RR}}{f_R f_{RR}} > 0$

For the graviton not to be a ghost require $f_R > 0$. Then the two conditions are only consistent $f_{RR} < 0$.

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The sign of f_{RR} will depend on the quadratic term $aR^2 \subset f(R)$. Note that this term drops out from $f_R - Rf_{RR}$. The coefficient *a* is constrained by the condition $f_R > 0$.

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For a CFT: for any fixed a find $f_{RR} < 0$ for $R \rightarrow 0$. In the Minkowski limit **thermodyn. stability = dilation stability**



Summary

0.) Advantages from holography:

• Integrating out a QFT via its gravity-dual is highly tractable.

I.) UV complete setting (case I)

- **CFTs**: only have solution if $\lambda_{\rm ren} \leq \frac{3}{\tilde{a}} M_{\rm ren}^2$.
- **RG flow QFTs**: back-reaction effect interpolates between that of the UV CFT and the IR CFT.

2.) Stability

- Thermodyn. stability and stability in dilaton-formulation coincide for sufficiently small background curvature.
- These solutions are then **unstable** according to both criteria.
Open Questions

- Is it possible to develop a precise and quantitative **entropic** understanding of the back-reaction effect of a cutoff QFT?
- Are the solutions found stable under small **perturbations** that deform the geometry away from dS? To what extent can this question be addressed in the simplified setup considered here with $\nabla_{\rho}R_{\mu\nu} = 0$?

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Many thanks for your attention!